

Mahabhuta Yoga Festival 2018 Schedule

Thursday, November 8th, 2018

**4:00 pm Opening Ceremony: Medicine Wheel
(Outdoors at Sanders Beach)**

Friday, November 9th, 2018: Dog Stage

**1:00 pm - 2:30 pm Kundalini Yoga w/Vani Kimbrell (Jai Satya)
3:00 pm - 4:30 pm Yoga w/Laura Tyree & Moira Anderson
4:00 pm – 10:00 pm Hot Glass/Cold Kombucha w/First City Art
4:00 pm – 5:00 pm Sunset Yoga w/Megan Eastburn
5:00 pm - 6:30 pm Soul & Sound Healing w/Michael DeMaria
7:00 pm – 8:00 pm Brynne Heatley
8:30 pm - 10:00 pm Brooks Hubbert, Michael DeMaria & Vlad**

Saturday, November 10th, 2018: Dog Stage

**9:00 am - 10:30 am Abhaya Yoga w/Nancy LaNasa
11:00 am - 12:30 pm Plant Inspired Yoga w/Kate Daughdrill
1:00 pm - 3:00 pm Awakening Your Essence: Yoga, Essential
Oils & Sound with Stacey & Pamela with Live Music by Amy &
John Jinks
3:30 pm - 5:00 pm Kundalini w/Shabad Kaur & Shiva Singh
6:00 pm – 8:00 pm Jai-Jagdeesh Concert**

Saturday, November 11th, 2018: Earth Stage

**9:00 am - 10:30 am Yin Yoga & Meditation w/Willow Conolly
11:00 am - 12:30 pm Commit, Discover, Explore w/Gabi Garrett**

Saturday, November 11th, 2018: Registration Lobby

9:30 am – 12:00 pm Genesis Party w/John & Amy Jinks

Saturday, November 11th, 2018: Outdoors

**10:00 am – 10:45 am Jungle Drum Yoga w/Priscilla Stambolic
11:00 am – 11:45 am Galactic Child Yoga w/Andrea McMillian
11:00 am – 12:30 pm Aerial Silks for Kids
12:00 pm – 12:45 pm Mountain Marionettes Show
3:15 pm – 4:15 pm AcroYoga w/Rebecca & Chris
3:15 pm – 4:15 pm HeartSong Concert (Jerry & Lynn Jackson)**

4:15 pm – 5:15 pm Slackline w/Rob Lenfestey
4:15 pm – 5:15 pm Golden Ark Concert

Sunday, November 11th, 2018: Dog Stage

10:00 am - 11:30 am Evolutionary Music Concert w/Paradiso &
Rasamayi
12:00 pm - 1:30 pm Kundalini Yoga w/Jai-Jagdeesh
2:00 pm - 3:30 pm Restorative Yoga w/Christa Sonnier
4:00 pm – 5:30 pm Triple Gong Bath & Kundalini Meditation
w/Shabad, Shiva, Stacey & Amy

Sunday, November 11th, 2018: Outdoors

11:00 am – 11:45 am Creative Movement with Melissa Banks
12:00 pm – 12:45 pm Hoop Dance with Mariah McKay
1:00 pm – 2:00 pm Mountain Marionettes Show
2:00 pm – 3:00 pm Aerial Silks for Adults
6:30 pm Medicine Wheel Closing Ceremony